

BIV FIT Trainer Client Agreement



24 hours notice to reschedule session

I am so excited to be working with you and look forward to helping you achieve your health fitness and well-being goals.

Every important goal must become a priority therefore your goals become my priority. If for any reason you needed to reschedule I request the courtesy that you give me at least 24 hours notice and I'll be happy to reschedule you for another time. Our agreed training days and times will be scheduled around you and your spot saved for you and you only. Therefore I'd please ask you to provide 24 hours notice and your understanding that the full investment is still required for the cancelled session if within the 24 hour period.

We all have good and bad days, so please let me know if ever you're not feeling well you have an injury or if you have concerns regarding training and need to train at a lower intensity or take caution. Please be punctual so that I can provide you with a full session plan and full value as all sessions will commence and conclude as scheduled.

CLIENT SIGNATURE:

DATE:

TRAINER SIGNATURE:

A handwritten signature in black ink, appearing to be "N/S" or similar, written over the trainer signature line.

DATE:

